

BREAKFAST - 7am to 2.30pm

All breakfast dishes in this section are served with your choice of toasted multigrain or white sourdough unless otherwise specified

TOAST	7.0
Sourdough or fruit loaf served with butter ((& your choice of vegemite, raspberry jam, nutella or peanut butter)	
EGGS ON TOAST V	9.0
Two eggs cooked your way <i>(add extras – serving suggestion)</i>	
SHAKSHUKA EGGS V GFO DF	15.5
Roasted bell peppers, eggs, mixed beans & fresh herbs - cooked in a rich tomato sauce served with toasted Turkish bread	
SMASHED AVOCADO V GFO	16.0
Sliced tomato, crumbled feta, toasted dukkah & finished with a balsamic glaze <i>(add poached egg 2.5 – serving suggestion)</i>	
BIG BREAKY GFO DF	21.0
Two eggs - cooked your way, with bacon, sausage, tomato, mushrooms, hash brown & baked beans	
HAM, CHEESE & HERB OMELETTE	13.5
Ham, cheddar cheese & fresh herbs are combined to create our full of flavour breaky favourite <i>(add extras – serving suggestion)</i>	
EGGS BENEDICT VO DF	
Two poached eggs topped with hollandaise, served on a toasted English muffin with your choice of the following:	
Virginian ham / thyme mushrooms	16.0
Smoked salmon / pulled pork	18.0
SAVOURY MINCE ON TOAST DF GFO	16.5
Slow cooked beef mince served with Turkish bread & a fried egg	
BACON, EGG AND & CHEESE TOASTY	8.0
Your choice of tomato or smokey BBQ sauce	
BREAKY ROLL	13.5

Bacon, cheese, spinach, tomato jam & a fried egg served on a toasted Turkish roll

BLAT DF	13.5
Bacon, lettuce, avocado & tomato dressed with aioli on a toasted Turkish roll	
ZUCCHINI AND CORN FRITTERS GF V	14.5
Flavoursome, light & fluffy fritter served with a fresh tomato & avocado salsa, sour cream, & a poached egg	
CANADIAN PANCAKES	16.5
Three light & fluffy pancakes served with crispy maple bacon, fresh berries & vanilla ice cream	
SWEET POTATO ROSTIE STACK GF DF	16.5
Sweet potato stack, shallow fried accompanied by a poached egg, fresh spinach, crispy bacon & hollandaise sauce	

EXTRAS

Extra egg, feta cheese, hash brown	2.5
Gluten free toast, extra toast	2.5
Spinach, tomato, baked bean	3.0
Avocado, mushrooms, haloumi	4.0
Bacon, sausage, hash brown	4.0

LUNCH - 11am to 2.30pm

PUMPKIN & QUINOA SALAD V GF DF	14.5
Roasted pumpkin, quinoa, fresh baby spinach, pickled red onion & three seed mix finished with a lemon dressing <i>(Add Chicken or Smoked Salmon 5.0 – serving suggestion)</i>	
ASIAN STYLE CHICKEN SALAD DF	16.0
Grilled chicken breast - combined with a mix of Asian greens & flavours, tossed in a Thai infused dressing	
POLLO E FUNGHI	15.0
Tender chicken breast, sautéed mushrooms, baby spinach & al dente penne pasta cooked in a velvety, creamy sauce	
GRILLED BARRAMUNDI GF DF	21.0
Herb & macadamia nut crusted barramundi fillet complimented with roasted kipfler potatoes & a wild roquette salad	

RISOTTO DI ZUCCA V GF

16.0
Creamy pumpkin risotto with caramelized onion, spinach, & fresh herbs

RISOTTO CON BACON E ZUCCHINI GF **16.0**
Risotto with crispy bacon & sautéed zucchini topped with parmesan shaves

MEDITERRANEAN PASTA VGO
15.0

Spanish onion, kalamata olives, spinach, juicy cherry tomatoes, al dente penne pasta tossed in a flavoursome olive oil & pesto sauce

CLASSIC FISH & CHIPS DF **18.0**
Crunchy beer battered flathead served with thick cut chips, a fresh garden salad finished with a slice of lemon & a side of traditional tartare

BURGERS – All served with chips

BEEF BURGER GFO **18.0**
House-made beef patty with lettuce, tomato, beetroot relish, crispy bacon & cheese

CHICKEN & AVOCADO BURGER GFO **18.0**
Herb mayo grilled chicken, lettuce, tomato, crispy bacon, cheese & fresh avocado

HALOUMI BURGER VGO GFO **17.0**
Grilled haloumi, field mushrooms, spinach tomato relish & roasted peppers

BBQ PORK BURGER GFO **18.0**
Shredded pork with a crunchy, creamy coleslaw

9" GOURMET PIZZAS

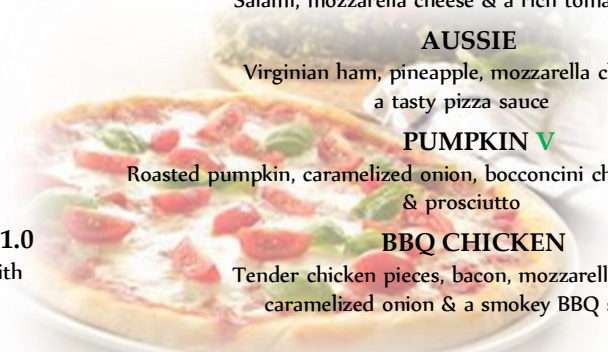
MARGHERITA **13.0**
Fresh herbs, mozzarella cheese & tomato sauce

AMERICANA **15.0**
Salami, mozzarella cheese & a rich tomato sauce

AUSSIE **15.0**
Virginian ham, pineapple, mozzarella cheese & a tasty pizza sauce

PUMPKIN V **17.0**
Roasted pumpkin, caramelized onion, bocconcini cheese, fresh roquette & prosciutto

BBQ CHICKEN **17.0**
Tender chicken pieces, bacon, mozzarella cheese, caramelized onion & a smokey BBQ sauce



MEDITERRANEAN V 16.0

Roasted vegetables, basil pesto & feta cheese

FRESH JUICES

Sml 6.0

Lrg 7.0

Fruit Cocktail

Strawberries, watermelon, pineapple, orange, apple

Vitamin C

Orange, watermelon, grapefruit

Green Addiction

Cucumber, mint, apple, spinach, celery

Detox

Carrot, celery, apple, ginger

Pine Fresh

Pineapple, apple, mint

M.Y.O. (Large only)

SMOOTHIES

Sml 7.0 Lrg 8.0

Breaky to Go

Banana, muesli, blueberries, yoghurt, skim milk

Berry Blast

Mixed berries, apple juice, yoghurt

Choco Fresh

Mint, chocolate, yoghurt

Mango Smoothie

Mango, banana, skim milk

ADD Protein Powder 3.0

PROTEIN SHAKES

Lrg

Banana/chocolate/strawberry 8.0

Pre-work out 10.0

Banana, oats, flaxseed, whey protein, coconut water

Post-Work out 10.0

Green juice & protein powder

COLD DRINKS - blended Sml Lrg

Milkshakes (flavouring & milk) 5.0 6.0

Frappés 6.5 7.5

(flavouring, milk & ice cream topped with cream)

Chocolate, vanilla, strawberry, mint,

coffee, caramel, or banana

HOT DRINKS

Cup Mug

Espresso Liscio 3.5

Long Black 4.0 5.0

Hot Chocolate / Mocha 4.0 5.0

Latte / Cappuccino / Flat White 4.0 5.0

Macchiato Short / Long 4.0 5.0

Piccolo 3.5

Chai Latte 4.0 5.0

Babycino 1.5

EXTRAS 0.50

Almond/soy/lactose free milk, decaf vanilla/caramel syrup, extra espresso

HERBAL INFUSION TEA

Pot

Mint & ginger/ginger, honey & lemon 5.0

LOOSE LEAF TEA - English breakfast,

earl grey, peppermint, or green tea 4.5

ICED DRINKS

Sml Lrg

Iced long black/Iced Latte 5.0 6.0

(coffee, ice & water/milk)

Iced coffee 6.5 7.5

(coffee, milk & ice-cream topped with whipped cream)

Iced mocha 6.5 7.5

(coffee, milk, chocolate & ice-cream topped with whipped cream)

Italian iced coffee 5.0 -

(STRONG!! 3 shots of coffee with your choice of caramel or vanilla syrup shaken over ice)

BOTTLED DRINKS

Water Bottle 3.0

Assorted Drinks 4.0

(Coke, coke zero, lemonade, soda water, lemon lime bitters, dry ginger ale, tonic water)

Assorted Juices - 350ml (orange) 4.5

250ml

3.5

(orange, apple, pineapple, apple & blackcurrant)

il baretto

espresso bar



Coffee - Food - Bar - Functions

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OPEN 7 Days

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